

Back to the South Weather

What Is the “Back to the South Weather”

The humid weather, typically referred to as “Back to the South Weather”, usually occurs in March and April during the spring season. It’s the result of warm and humid air from the south replenishing the cold winter air, causing a rise in temperature and humidity. Condensation may occur on walls, floors and furniture due to their cold surfaces coming into contact with warm, humid indoor air. This leads to dampness in your home and the growth of mold. At times it may feel like you can squeeze water from the air because the water vapor in the air is almost saturated. Many people find this situation unpleasant and uncomfortable, some even become nauseated and sick.

How to Deal with It

When encountering “back to the south weather”, it is important to shut all the windows at home, especially the south-facing windows, otherwise the moisture will take every opportunity to creep in from outside the windows. The humidity index is at its highest points during the morning and evening; this is when your home is likely to suffer from severe dampness if you forget to shut your doors and windows beforehand. If you need to open windows for ventilation, it is better to do so at noon.

There are some other ways to help you to fight against humid weather.

1. Lighting candles

Candles can help in reducing humidity.

2. Mopping the floor with salty hot water

It can accelerate the evaporation of water in the air. After mopping the floor, you can cover it with newspapers.

3. Dehumidifiers

There are various types of electrical appliances that can get rid of excess moisture in the air. Usually people choose dehumidifiers,

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air-conditioners or fan heaters for their home.

4. Adding lime in bathroom

When it comes to the bathroom and other small spaces, you can use lime in small cloth bags to absorb moisture in the air. You can also make some holes in the package of your washing powder; this can also absorb moisture. After showering, it's important to mop the floor of the bathroom and keep the door closed in case the steam escapes.

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5. Turn on TVs and computers for a few hours every day

It's easy for the parts inside TVs and computers to attract dust in the air. When the dust combines with water, electrical shorts may occur. Hence, it is advised that you should turn on TVs and computers for 3-4 hours every day.

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6. Paintings should be packed in camphorwood chests

Paintings can be badly damaged by high levels of humidity. Experts suggest that paintings should be packed with newspapers first and put into sealed plastic bags. Ideally, put some camphor balls and water absorbents in with them. If you have lots of paintings, you can pack them in a camphorwood chest, which can also protect paintings from insects.

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7. Do not wash heavy coats

Heavy coats should be washed only after the humid weather has passed. Light clothes can be hung indoors after being washed. Before putting washed clothes in the wardrobe, you should dry them with a blow dryer or drying machine.

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